

*The Environmental Working  
Group's 2021*

**Dirty Dozen**

The Top Fruits And Veggies That Have  
The Most Pesticides

1. Strawberries
2. Spinach
3. Kale, collard, and mustard greens
4. Nectarines
5. Apples
6. Grapes
7. Cherries
8. Peaches
9. Pears
10. Bell and hot peppers
11. Celery
12. Tomatoes

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**Clean Fifteen**

The Top Fruits And Veggies That Have  
The Fewest Pesticides

1. Avocados
2. Sweet Corn\*
3. Pineapple
4. Onions
5. Papaya\*
6. Sweet peas (frozen)
7. Eggplant
8. Asparagus
9. Broccoli
10. Cabbage
11. Kiwi
12. Cauliflower
13. Mushrooms
14. Honeydew melon
15. Cantaloupe

\* A small amount of sweet corn, papaya and summer squash sold in the United States is produced from genetically modified seeds. Buy organic varieties of these crops if you want to avoid genetically modified produce.

Source: <https://www.ewg.org>