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Please contact CBD to update the graphics.

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August is National Peach Month! To celebrate one of summer's favorite fruits, this week's meal ideas include
 Summer Peach Lettuce Wraps (that are absolutely delicious!) and a great way to make a spectacular peach
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Just in case you are interested in celebrating another bizarre food holiday, August 19th is National Potato Day! A perfect reason to make the fun and incredibly good Loaded Mexican Sweet Potato Fries! And, they are full of REAL ingredients and good for you too!

We also encourage you to take advantage of other in-season ingredients for some flavor-popping meals -- the Summertime Bolognese and the Heirloom Tomato and Melon Salad are a couple of delicious examples!

We have received great feedback on the new recipe format -- thank you, and please keep the feedback coming!





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